

“Blue Gauntlet” Fencing Equipment for MSFA students:

You will need to **pay careful attention** to the sizing chart on the BG website for ordering and to get correct sizes. If you need direct advice or have a specific product question, please contact BG directly. At some point you will likely play in tournaments: There is a great deal of opportunity at meets to see, try and purchase gear. The Items recommended above will get you a very good start from a very good company.

The following guide is what MSFA would recommend as far as what fencing equipment to purchase and when to purchase it.

There are three basic levels:

Level 1: Novice fencers, class members fencing with MSFA plastic foil systems.

Level 2: Intermediate fencers, club members, fencing with steel weapons and all of their own protective gear.

Level 3: Advanced fencers, club members (fencing with electric steel weapons and all their own gear) ready to compete at club or in tournaments electrically.

GEAR Level 1: Novice Items: For those students involved in the novice group lessons, fencing with our plastic foils, prior to becoming a club member. You are welcome to use the provided “shared” class gear. If you want start acquiring gear and/or want to not “share” gear, these are a better choice for hygiene and protection and you will need them anyway to advance. These particular items should last you many years.

The first things you may wish to acquire are:

A mask:

[BG superior \(SG\) 350N Removable Electric Foil Fencing MASK \(1000NW\)](#)

Part Number: M013F

A glove:

[ACG Washable padded functional GLOVE](#)

Part Number: G002SZZ11

An underarm protector:

[BG Nylon under arm PROTECTOR Reversible](#)

Part Number: PR003A

GEAR Level 2, Intermediate gear: MSFA requires full “fencing kit” for anyone using steel weapons at the club. This will be the same level of protection the rules require for fencing in a “USA Fencing sanctioned tournament”.

If you do not have the recommended Novice (level 1 items) listed above, you will need them as well.

Fencing Jacket:

[BG 350NW Stretch fencing Jacket with functioning lining.](#)

Part Number: J008ZZ11

Fencing Pants:

[BG 350NW Stretch fencing Pants](#)

Part Number: JP02ZZ12

“Inside” Protection:

[BG Full Chest PROTECTOR for women, Part Number:PR005](#)

[BG. Man's Chest PROTECTOR, Part Number:PR010ZZ15](#)

[Uhlmann Heel PROTECTOR, Part Number:PR006](#)

Groin protection, may best be handled buying at a local sporting goods store.

Shoes and Socks:

[BG superior High Performance Fencing Socks, Part Number: SO005A](#)

Optional item: Running, volleyball or racquet ball shoes are okay for beginners. Most “non-fencing shoes” will not last very long when used for fencing and do not have good heel impact protection.

[Adidas En Garde fencing SHOES \(BLUE\), recommended. Part Number: FS012B](#)

Foil Components:

[BG Foil GUARD \(Roll 11cm\), Part Number: PF001](#)

[SG Practice Foil BLADE, Part Number: DF011ZZ21](#)

[BG transparent foil pad \(electric\), Part Number: PF006ET](#)

[Viscounti Pistol GRIP \(insulated\) by BG, Part Number: PA014-IZZ11](#)

[BG inside NUT \(for Pistol Grip\), Part Number: PE009-I](#)

Spares:

Blade: 1X (Part Number: DF011ZZ21)

Tips: 1X Rubber Tips(for prac.foil blade. 10 pcs pack), Part Number:PF013

Tools:

Hex wrench to tighten handle:

BG Plastic Handle Inside Allen KEY, Part Number: TL019

Fencing Bag:

BG Piggy Back FENCING BAG, Part Number: FB002ZZ30

GEAR Level 3, electric fencing gear.

If you are buying electric gear, you likely have all of the safety gear already. If not See levels 1 and 2. Since you are using this guide it is assumed you do not currently possess expertise about fencing gear or how it works. I have purposely picked specific gear in the numbers that I think you will need. I think “quality gear” is the only way to go for fencers that have little or no armoring skills.

If you are buying electric gear for the first time it is highly suggested that you arrange a group or private armoring session with coach Joe to help you understand and maintain your gear.

[Foil Lame for Children: **BG high density copper Foil LAME**, Part Number:L001ZZ11](#)

[Foil Lame for Adults: **BG deluxe stainless nickel foil LAME**, Part Number:L001DXZZ11](#)

Electric foils blade length is determined by age of the fencer and also size. For instance a shorter blade is quite a bit lighter, faster and easier for a young person or a smaller person to “wield” quickly and precisely. Please let BG know the fencers current age or directly choose a specific length based on your experience. For fencers 12 or younger, size “2” blades make sense with perhaps a “4” for strength training. For fencers 13 and over, size “4” or “5” length blades are recommended.

For Foil: Starting out, you will want **three** electric foils, 2 body cords, and 2 mask cords. Here is what I recommend from BG.

[2X - Allstar 2-Prong Foil/Sabre **BODY CORD**, Part Number:BC018](#)

[2X - **BG elec. Linear mask CONNECTOR**, Part Number:BC007](#)

[3X - Foils: **Dynamo silver reg. Electric Foils**, made with the following parts](#)

Tip: German Point,

Handle: PG—BG Insulated Viscounti,

Bell Guard: BG alum. Roll guard,

Foil pad: BG transparent foil pad,

Electric Socket: Socket BG 2-prong foil socket.

Pommel Nut: inside nut.

When you start fencing in tournaments, an additional body cord and mask cord are advisable, as well as 2 additional electric foils.